

# YOUTH SWIM LESSONS

Swim Lessons given at Brookwood Swim Club (1565 W. Dean Road). There will be eight different class levels offered: Infant & Preschool, Water Exploration, Primary Skills, Stroke Readiness, Stroke Development, Stroke Refinement, Skill Proficiency, and Advance Skills. Sign up for the level you feel your child needs to be in. The instructor will change their level if needed. All lessons are 30 minutes. Class limit of 10 swimmers. Rain dates made up at the end of the session.

**Monday-Friday**  
**11:30am-12:00pm**  
**\$40.00/session**

**4 Different Sessions**  
**Mon.- Fri..**

Session 1 - June 25, 26  
 27, 28, 29

Session 2 - July 9, 10,  
 11, 12, 13

Session 3 - July 16, 17,  
 18, 19, 20,

Session 4 - July 23, 24,  
 25, 26, 27

Please note if a swim meet is scheduled, Tuesday class will be moved to Saturday.

**LEVEL 1**  
**Infant & Preschool Aquatic**  
 water safety & readiness  
 Parent participation  
 Limit 6

**LEVEL 2**  
**Water Exploration**  
 little/no water  
 experience

**LEVEL 3**  
**Primary Skills**  
 success with  
 fundamentals

**LEVEL 4**  
**Stroke Readiness**  
 control in water  
 build endurance  
 introduce front & back crawl

**LEVEL 5**  
**Stroke Development**  
 build endurance w/strokes  
 introduce breaststroke

**LEVEL 6**  
**Stroke Refinement**  
 polish strokes  
 introduce butterfly

**LEVEL 7**  
**Skill Proficiency**  
 distance - starts open turns  
 All strokes

**LEVEL 8**  
**Advanced Skills**  
 All strokes  
 Refine starts  
 Flip turns

**LEVEL 9**  
**Diving**  
 learn & perfect  
 diving skills.

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## YOUTH SWIM REGISTRATION - SUMMER 2018

Session: \_\_\_\_\_ Level: \_\_\_\_\_ Start Date: \_\_\_\_\_ Time: \_\_\_\_\_  
 Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
 Parent's Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Age: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_ Please Circle: BOY GIRL  
 Emergency Contact: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Please return registration forms and payments to the Community Education office -  
 1623 W. Sterns Road Temperance, MI 48182 734-850-6036

**Bedford Community Education 1623 W. Sterns Rd. Temperance, MI 48182 734-850-6036**  
**Please make all checks payable to Bedford Public Schools**